May 9, 2017

Dear incoming student:

Welcome from the staff of the Wabash Student Health Center! We sincerely hope your Wabash experience will be a healthy one. We offer health services to the student body in our clinic on campus. We also offer sports medicine services.

In order to provide the best possible medical care to Wabash men, it is essential that we receive complete and accurate health information from each student. Please click the link for the Student Health Record, print it, and fill it out completely. While we do not require that you have a physical examination prior to coming to Wabash, it is recommended for your overall health. We require that your immunizations be up to date and verified by either a physician or licensed nurse. You will NOT be allowed to register for classes this fall if we do not have a completed immunization record.

The Student Health Record should be completed and mailed to the Wabash Student Health Center by August 1.

All varsity athletes will be required to have a physical examination performed by the college medical staff before participating in practice or competition. Your coach or the college trainers will inform you of the date of the physical for your sport.

If you take prescription medication please have your personal physician write you a prescription with enough refills to last you through the school year. If you are taking ADD/ADHD medications such as Ritalin, Concerta, Adderall, Focalin etc., we prefer that your personal physician write your prescription. We will not refill controlled substances without a signed authorization from your physician. If you wear contacts, we strongly recommend you have a backup pair of glasses in case you develop an eye infection.

If you have a history of mental illness or are taking psychiatric medications we request that you contact the college nurse at 765-361-6265 or email her at <lambc@wabash.edu> well in advance of coming to school in the fall. This will allow us to determine if you are an at-risk student and what type of local psychiatric care you may require. The college physicians treat mild cases of depression and we have counseling services available on campus. The curriculum, adjustment to a new country and extra-curricular activities at Wabash can be extremely demanding and can be a strain on young men with a history of mental illness, particularly international students.

All students are required to participate in the Wabash health reimbursement program regardless of parental insurance status. If you have private health insurance, please be aware it may have a limited network of doctors or other restrictions that may not pay for doctors, testing or treatment in Crawfordsville. Receiving care at the Student Health Center is free. Laboratory tests, X–rays and any other procedures will be billed to the student’s private insurance or the student reimbursement program. If you receive care outside of the Student Health Center, it can cost you hundreds, even
thousand of dollars. If you have health insurance from your parents, you must have a copy of your insurance card with you at school (please attach a copy of both sides of your card to your student health record if possible). Our school nurse also handles all of the student health insurance issues in addition to her nursing duties.

The Student Health Center is open from 8:30 a.m. to 2:00 p.m. Monday through Friday when classes are in session. The physicians see students from 11:30 a.m. to 12:50 p.m. We ask that you contact the health center by phone or e-mail prior to coming in to be seen. This allows us to provide enough time for your needs and to minimize time away from studies. We recommend that you call ahead for an appointment. Students are seen in the Health Center without charge.

If you experience an emergency, call 911 or report to the Franciscan Health - Crawfordsville Emergency Department at 1710 Lafayette Road, north of Crawfordsville on State Road 231, 362-2800. If you require admission to the hospital, the hospital physicians will take care of you. After hours care is available on the weekends at the Franciscan Health Weekend Clinic, 1704 Lafayette Road, Suite 2, across from the parking lot on the south side of the hospital. Hours of the Clinic are Saturday & Sunday 11:30 a.m. to 2:00 p.m. It is closed on major holidays. You may also visit the St. Vincent Ambulatory Care Center, 1684 Bush Lane (south of Crawfordsville on State Road 231 behind O'Reilly Auto Parts), Monday through Friday 8:00 a.m. to 8:00 p.m. and Saturday and Sunday 8:00 a.m. to 5:00 p.m. These Clinics are to be used only for semi-emergencies that cannot wait until Student Health Center is open. Problems outside office hours can also be directed to the private office of Drs. Douglas and Roberts at 765-362-5789, Monday through Friday from 2:00 p.m. to 5:00 p.m.

If you are age 18 or older, the details of the care you receive while at Wabash is protected by federal law. Parents will be informed of your health condition only when authorized by you, or in emergency situations. Parents may also be informed if you have a health problem where you could present a danger to yourself, other students or the college staff.

If you have any questions regarding the Student Health Center, feel free to stop in, call, or email us. Have a safe and enjoyable summer and we look forward to seeing you in the fall.

Sincerely,

Scott K. Douglas, M.D. ‘84
John R. Roberts, M.D. ‘83
Carol Lamb, R.N.