



June 4, 2021

Dear member of the class of 2025:

Welcome from the staff of the Wabash Student Health Center! We sincerely hope your Wabash experience will be a healthy one. We provide health and sports medicine services to the student body in our free clinic on campus. Please read this entire introductory letter to ensure that you complete all the requirements for students. Student-athletes should also be receiving a separate email from our Head Athletic Trainer Mark Elizondo.

Instructions for Completing Health and Insurance Information Requirements

In order to provide the best possible medical care to Wabash men, it is essential that we receive complete and accurate health information from each student. We use an electronic records system called Magnus Health. You should have received a separate email from Magnus Health prompting you to set up your password for your Magnus account. If you did not receive such an email, please check your spam folder. The email should be from: "service@magnushealthportal.com." You should add this address/domain to your email address whitelist or mark it as not being spam. This is very important since you may receive important messages from us throughout the year using the Magnus email system. When you have created your password and log in to your Magnus account at MyMagnus.com, you will land on the "Student Health Tracker" page where you will find a brief introductory video and a list of "Requirements" to complete prior to July 15, 2021.

Each Requirement will have a link to associated "Approval Guidelines" that you need to follow carefully. Some of the Requirements are simply information/forms to read and sign, while others require you to download a PDF form to complete. Some of the forms require a physician/health care provider signature. When completed, forms must then be uploaded to your Magnus account to complete the Requirement. This can be done a number of ways that are outlined in the description of each Requirement. The best way is to scan the form to your computer and upload it to the appropriate Requirement at MyMagnus.com. Magnus accepts the following formats: PDF, PNG, JPEG, BMP, GIF, DF. You may also use the camera on your smartphone to take a photo of the form for upload. To do this, you must open MyMagnus.com in your phone's web browser and follow the instructions for mobile upload. If you choose to fax your form(s) to Magnus Health, you must fax it using a Magnus Health fax cover sheet to ensure the form is associated with your account. Cover sheets can be printed one of two ways: (1) by clicking the orange "Print blank forms" button at the upper left of the Student Health Tracker and indicating which form(s) you want to print off and whether or not you need a fax cover sheet, or (2) by clicking "Turn it in" next to the requirement and then selecting the "Yes, Submit" button and then the "No, Fax" button on the next screen. If you have difficulty sending a form back in, you may call the Magnus Health Student Help Desk at 877.461.6831.

After you complete all the steps for each Requirement press the "Turn it In" button and follow the prompts to upload from your computer, fax, or mail the form. Please do this as soon as you complete a Requirement – don't wait until you have completed all of them. Each Requirement will be sent to the Wabash College Nurse for approval. If your information is incorrect, you will receive an email from Magnus indicating you need to correct the Requirement.

Note that you will also see a choice to add certain information to your "Magnus 911" account. This allows the information to be viewed using the Magnus mobile application. We recommend you put as much information as possible in Magnus 911 in case you need to access it in an emergency.





General Health Information/Recommendations

While we do not require you to have a physical examination prior to coming to Wabash, it is recommended for your overall health. We do require that your immunizations be up-to-date and verified by either a physician or licensed nurse.

All varsity athletes will be required to have a pre-participation physical examination performed by the college medical staff before participating in practice or competition. Your coach or the college athletic trainers will inform you of the date of the physical for your sport.

If you take prescription medication, please have your personal physician write you a prescription with enough refills to last you through the school year. If you are taking ADD/ADHD medications such as Ritalin, Concerta, Adderall, Vyvanse, Focalin etc., we prefer that your personal physician write for these medications. We will not refill controlled substances without a signed authorization from your physician. Note that if you are a varsity athlete and take these medications, your physician will need to complete the form and provide records as indicated in the ADD/ADHD Requirement in Magnus Health. If you wear contacts, we strongly recommend you have a backup pair of glasses in case you develop an eye infection.

If you have a mental health condition or are taking psychiatric medications, we request that you call or email the College Nurse well in advance of coming to school in the fall. This will help us determine how the Student Health Center and Wabash Counseling Center may best serve your needs. The college physicians treat mild cases of depression and we have free counseling services available on campus. College can be a stressful period for all students; please contact our counselors or Student Health Center with any concerns.

All students are required to have health insurance. You should receive information about this from the College business office. Cathy VanArsdall is the contact person in the business office for insurance questions. Please note that your private health insurance may have a limited network of doctors or other restrictions that may not pay for doctors, testing or treatment in Crawfordsville. Receiving care at the Student Health Center is free. Laboratory tests, X-rays and any other procedures will be billed to your private insurance. If you receive care outside of the Student Health Center, it can cost you hundreds or even thousands of dollars. You must have a copy of your insurance card with you at school. The College Nurse can assist you with student health insurance issues in addition to her nursing duties.

The Student Health Center is generally open Monday-Friday when classes are in session; hours may be somewhat flexible this year due to COVID-19. We will reach out to you regularly with updates regarding COVID-19, and how we plan to keep the Wabash Community as safe as possible.

If you experience an emergency, call 911 or report to the Franciscan Health - Crawfordsville Emergency Department at 1710 Lafayette Road, north of Crawfordsville on State Road 231, 765.362.2800. If you require admission to the hospital, the hospital physicians will take care of you. Care outside of Health Center hours is available the Ascension Ambulatory Care Center, 1684 Bush Lane (south of Crawfordsville on State Road 231 behind O'Reilly Auto Parts), Monday through Friday 8:00 a.m. to 8:00 p.m. and on the weekends from 8:00 a.m. to 5:00 p.m. This clinic is to be used only for semi-emergencies that cannot wait until Student Health Center is open. Problems outside office hours can also be directed to the private office of Drs. Douglas and Roberts at 765.362.5789, Monday through Friday. Press "9" during the answering message to connect to the office staff.



Wabash.

The details of the care you receive while at Wabash are protected by federal law. Parents will be informed of your health condition only when authorized by you, or in emergency situations. Parents may also be informed if you have a health problem where you could present a danger to yourself or others.

If you have any questions regarding the Student Health Center please call or email us using the contact information at the top of this letter. Have a safe and enjoyable summer, and we look forward to seeing you in the fall.

Sincerely,

Scott K. Douglas, MD '84
John R. Roberts, MD '83
Christine Amidon, BSN, RN, NCSN

FAQs - WABASH COLLEGE STUDENT HEALTH CENTER

Location: Allen Athletics and Recreation Center, 2nd floor next to Chadwick Court

Phone: 765.361.6265

Fax: 765.361.6269

Staff: Christine Amidon BSN, RN, NCSN., College Nurse (amidonc@wabash.edu,
StudentHealth@wabash.edu)

Scott K. Douglas, M.D., Wabash '84 (douglass@wabash.edu)
Private practice number: 765.362.5789

John R. Roberts, M.D. Wabash '83 (robertsj@wabash.edu)
Private practice number: 765.362.5789

Hours of Operation:

Monday-Friday when classes are in session

Services provided:

- Non-emergency care for Wabash students only
- Sports medicine with Mark Elizondo, Head Athletic Trainer; Lauren Dorn, and Erin Baker, Assistant Athletic Trainers
- Varsity sports physicals
- Travel medicine
- Physicals for internships, etc.
- STI testing
- Laboratory testing
- Allergy injections
- Blood pressure checks
- Onsite COVID-19, Strep, flu, and mono tests



Wabash.

Appointments:

All students must call or email Nurse Amidon to schedule a time to be seen by the Nurse or doctors. **WE WILL NOT ALLOW WALK-IN VISITS** this year due to COVID-19.

Insurance:

All students are seen free of charge in the Student Health Center. If you require lab testing, X-rays, or referral to a specialist, eye doctor or dentist, you may incur additional charges. The College Nurse is available to answer your insurance questions.

After hours care:

After-hours care can be expensive, so try to be seen for free at the Student Health Center if at all possible. Note that if you receive care outside the Student Health Center, you may be responsible for payment if your personal insurance does not cover the care. For non-emergent medical problems after 2:00 p.m. Monday through Friday that can't wait until normal Student Health Center business hours, students may call the private office of Drs. Douglas and Roberts until 5:00 p.m. at 765.362.5789 and press "9" during the answering message to be connected to a staff member. For problems that occur in the evenings or on the weekend that can't wait until the next day the Student Health Center is open, students may be seen at the Ascension Ambulatory Care Center at 1684 Bush Lane that is on U.S. 231 on the south side of Crawfordsville behind O'Reilly Auto Parts. Their hours are Mon-Fri 8:00 a.m. to 8:00 p.m. and Sat/Sun 8:00 a.m. to 5:00 p.m. Outside of these hours, non-emergencies can also be seen at the Franciscan Health - Crawfordsville emergency department north of Crawfordsville on US 231 (note that this can be very expensive).

Emergencies:

If you have a life-threatening emergency, you should go to the Franciscan Alliance - Crawfordsville Hospital emergency department at 1710 Lafayette Rd (one mile north of Crawfordsville on U.S. 231). The hospital phone is 765.362.2800.

Web page: www.wabash.edu/studentlife/health