



June, 2023

Dear Returning Wabash Student:

While it may feel as if you just left campus, we are already preparing for your return in August. Please read this entire letter to ensure that you complete all the requirements for returning students. Student-athletes should also be receiving a separate email from our athletics health care staff.

General Health Information/Recommendations

All returning varsity athletes will be required to have a brief medical check performed by the College athletic trainers and/or nurse before participating in practice or competition. New athletes will need a full pre-participation evaluation by one of our team physicians. Your coach or the athletic trainers will inform you of the date of the pre-participation exam for your sport. You may have already had this exam at the end of last semester. If you have suffered a significant injury, or had surgery in the last 12 months of which we are not aware, you will need to provide a letter to our athletic training staff from your treating physician clearing you to play.

Note that if you are a varsity athlete and take medications for ADD/ADHD, your physician will need to complete the required form and provide records as indicated in the ADD/ADHD Requirement in the Student Health Portal at <https://wabash.studenthealthportal.com>. If this form did not appear under the “Forms” tab in your Portal, please contact amidonc@wabash.edu.

A Few Reminders

All students will again be required to have health insurance this year. You should receive information about this from the College business office. While the business office requires you to upload a copy of your card to a third party to confirm your benefits will cover you at school, we still need you to submit an updated copy to your PyraMED health portal, as well. We apologize for that extra step, but the third party will not share this information with our health staff. **Please take a few minutes ASAP to log into your PyraMED portal, update your health history and insurance card, and make any changes to your contact info and emergency contacts.**

Please note that your private health insurance may have a limited network of doctors or other restrictions that may not pay for doctors, testing or treatment in Crawfordsville. Receiving care at the Student Health Center is free. Laboratory tests, X-rays and any other procedures will be billed to your private insurance. If you receive care outside of the Student Health Center, it can cost you hundreds or even thousands of dollars. You must have a copy of your insurance card with you at school.

The details of the care you receive while at Wabash are protected by federal law. Parents or guardians will be informed of your health condition only when authorized by you, or in emergency situations, such as if you experience a health problem where you could present a danger to yourself or others. See Wabash’s FERPA policy for further details. If you have any questions regarding the Student Health Center, don’t hesitate to contact us. Have a safe and enjoyable summer. We look forward to seeing you in the fall.

Sincerely,

Scott K. Douglas, MD ‘84

John R. Roberts, MD ‘83

Christine Amidon, MSN, APRN, FNP-C

