



July 6, 2022

Dear Wabash Upperclassman:

Welcome back to Wabash from the staff of the Wabash Student Health Center! Please read this entire letter to ensure that you complete all the requirements for upperclassmen. Student-athletes should also be receiving a separate email from our Head Athletic Trainer Mark Elizondo.

### **General Health Information/Recommendations**

All returning varsity athletes will be required to have a brief medical check performed by the athletic trainers and/or College Nurse before participating in practice or competition. New athletes will need a full pre-participation evaluation by one of our team physicians. Your coach or the college athletic trainers will inform you of the date of the pre-participation exam for your sport. If you have suffered a significant injury, or had surgery in the last 12 months that we are unaware of, you will need to provide a letter to our athletic training staff from your treating physician clearing you to play.

Note that if you are a varsity athlete and take medications for ADD/ADHD, your physician will need to complete the required form and provide records as indicated in the ADD/ADHD Requirement in the Student Health Portal at <https://wabash.studenthealthportal.com>. If this form did not appear under the "Forms" tab in your Portal, please contact [HealthCenter@wabash.edu](mailto:HealthCenter@wabash.edu).

### **A Few Reminders**

All students will again be required to have health insurance this year. You should receive information about this from the College business office. Please note that your private health insurance may have a limited network of doctors or other restrictions that may not pay for doctors, testing or treatment in Crawfordsville. Receiving care at the Student Health Center is free. Laboratory tests, X-rays and any other procedures will be billed to your private insurance. If you receive care outside of the Student Health Center, it can cost you hundreds or even thousands of dollars. You must have a copy of your insurance card with you at school. The College Nurse can assist with student health insurance issues in addition to her nursing duties.

The details of the care you receive while at Wabash are protected by federal law. Parents will be informed of your health condition only when authorized by you, or in emergency situations. Parents may also be informed if you have a health problem where you could present a danger to yourself or others. See Wabash's FERPA policy for further details.

If you have any questions regarding the Student Health Center please call or email us using the contact information below. Have a safe and enjoyable summer, and we look forward to seeing you in the fall.

Sincerely,

Scott K. Douglas, MD '84

John R. Roberts, MD '83

Christine Amidon, BSN, RN, NCSN





## FAQs - WABASH COLLEGE STUDENT HEALTH CENTER

**Location:** Allen Athletics and Recreation Center, second floor next to Chadwick Court

**Phone:** 765.361.6265

**Fax:** 765.361.6269

**Staff:** Christine Amidon BSN, RN, NCSN., College Nurse  
[StudentHealth@wabash.edu](mailto:StudentHealth@wabash.edu) or [amidonc@wabash.edu](mailto:amidonc@wabash.edu)

Scott K. Douglas, M.D., Wabash '84 ([douglass@wabash.edu](mailto:douglass@wabash.edu))  
Private practice number: 765.362.5789

John R. Roberts, M.D. Wabash '83 ([robertsj@wabash.edu](mailto:robertsj@wabash.edu))

### Hours of Operation:

Monday – Friday 8:00 a.m. to 2:00 p.m. during days when classes are in session.

### Services Provided:

- Non-emergency care for Wabash students only
- Sports medicine with Mark Elizondo, Head Athletic Trainer and Erin O'Connor Baker, Assistant Athletic Trainer
- Varsity sports physicals
- Travel medicine
- Physicals for internships, etc.
- STI testing
- Laboratory testing
- Allergy injections
- Blood pressure checks
- Rapid Strep, flu, and mono tests

### Appointments:

All students must call or email Nurse Amidon to schedule a time to be seen by the Nurse or doctors. We ask that you avoid walking in to the Student Health Center due to ongoing infectious disease considerations.

### Insurance:

All students are seen free of charge in the Student Health Center. If you require lab testing, X-rays, or referral to a specialist, eye doctor or dentist, you may incur additional charges. The College Nurse is available to answer your insurance questions.



**After Hours Care:**

After-hours care can be expensive, so try to be seen for free at the Student Health Center if at all possible. Note that if you receive care outside the Student Health Center, you may be responsible for payment if your personal insurance does not cover the care. For non-emergent medical problems after 2:00 p.m. Monday through Friday that can't wait until normal Student Health Center business hours, students may call the private office of Dr. Douglas until 5:00 p.m. at 765.362.5789 and press "9" during the answering message to be connected to a staff member. Outside of these hours, non-emergencies can also be seen at the Franciscan Health – Crawfordsville emergency department north of Crawfordsville on US 231 (note that this can be very expensive).

**Emergencies:**

If you have a life-threatening emergency, you should go to the Franciscan Alliance – Crawfordsville Hospital emergency department at 1710 Lafayette Road (one mile north of Crawfordsville on U.S. 231). The hospital phone is 765.362.2800.

**Web page:**

[www.wabash.edu/studentlife/health](http://www.wabash.edu/studentlife/health)

