

WABASH COLLEGE STUDENT HEALTH CENTER

Information and Instructions for Completing the Student Health Record (SHR)

To assure all students have the healthiest possible experience at Wabash College, every student is required to complete and sign a Student Health Record (SHR) and submit it to the Wabash College Student Health Center by August 1.

MAIL	FAX	EMAIL
Wabash College Health Center PO Box 352 Crawfordsville, IN 47933	765-361-6269 ATTN: Nurse Carol Lamb	lambc@wabash.edu

All SHR data, including immunization dates, medications, pertinent allergies, chronic diseases and other health issues are reviewed for accuracy and completeness. We do not require students to have a physical exam prior to coming to Wabash.

Immunizations

SHRs are not complete until the immunization record is provided with all necessary detail. Your health care provider can complete the immunization portion of the SHR or may provide a printed copy of your immunization record as long as it contains all the of the required immunization information found on the SHR. The immunization section of the SHR needs to be signed by a health professional. If you have declined to be vaccinated, you must read, complete and sign the "[Request for Exemption from Vaccination Requirement](#)".

Students who take prescription medication (including for ADD/ADHD such as Ritalin, Concerta, Adderall, Vyvanse, Focalin, etc.), should have their personal physician write prescriptions with enough refills for the school year. We will not refill controlled substances without medical records and a signed authorization from the treating physician.

If you have a history of mental illness or are taking psychiatric medications, please contact the college nurse at 765.361.6265 or email lambc@wabash.edu no later than August 1st to determine possible psychiatric care you may require. The college physicians do treat mild cases of depression and there is a counseling service available on campus. Be advised that the curriculum and extra-curricular activities at Wabash can be extremely demanding and can be a strain on young men with a history of mental illness.

Students who wear contact lenses are strongly encouraged to have a backup pair of glasses in case of an eye infection, which may not allow the use of contacts for a period of time.

International Students are required to provide verification of the placement and reading of a PPD (Mantoux) test or IGRA (Interferon-gamma release assay) blood test for exposure to tuberculosis within one year prior to arriving on campus. The result must be dated and the results of the PPD read in millimeters of induration. If your PPD test was positive, you need to have had a chest X-ray performed within the last year and attach a copy of the report to your SHR. If you have received bCG vaccine and your PPD was positive, we require you to have an IGRA (Interferon-gamma release assay) blood test to confirm TB infection.

Student-Athletes

In addition to a completed SHR, all student-athletes are required to have a physical examination performed by the college medical staff before participating in their first year of practice or competition. The Athletic Training staff will inform student-athletes of the date of the physical for their sport. Student-Athletes who have been diagnosed with ADD/ADHD and who take stimulant medication (see examples above) must have their physician complete the [NCAA online form](#) and forward it to the Wabash athletic training staff. Please note the documentation that is required from your treating physician.

Private Health Insurance

In addition to completing this form, all students – both student-athletes and others – are required to submit health information online at the [CSMi SportsWare site](#). To create an account at this site, use your Wabash email account to request a password by clicking "Reset Password." An email with instructions will follow. All students are required to be covered by health insurance, and the [CSMi SportsWare site](#) will require you to upload a copy of the front and back of your insurance card. [Here are the instructions](#) for uploading your insurance card to the site. Student-athletes will have additional forms to complete on this site, and will receive instructions on this from the Athletic Department.

Students with private health insurance should be aware that their carrier may have a limited network of doctors or other restrictions and may not provide coverage in Crawfordsville. Students covered by their family health insurance must have a copy of their insurance card at school in addition to providing a copy of the front and back of the card and attaching it to their SHR. The school nurse can assist students with billing and insurance questions.

Your Rights of Privacy

Students age 18 or older: information regarding the care you receive while at Wabash is protected by federal law. Parents will be informed only when authorized by the student or in emergency situations. Parents may also be informed if a student has a health problem where he could present a danger to himself, other students or the college staff. Students with any questions regarding the Student Health Center should call 765-361-6265 or email us at lambc@wabash.edu. Have a safe and enjoyable summer and we look forward to seeing you in the fall.

Sincerely,

Scott K. Douglas, M.D. '84, John R. Roberts, M.D. '83, Carol Lamb, R.N.