

Health Plan Tips

Click the links to explore helpful resources

Your Wabash College benefits program includes several unique programs and resources that can help you navigate health care and save money.

Reference this list throughout the year and use the provided links to access additional resources that contain everything you need to know about these programs.

If you have any questions, don't hesitate to reach out to a member of the HR team.

Health Plan Reminders

1. UMR Mobile APP - [Link](#)

The UMR Mobile App is a great tool to always keep your ID card handy and to chat with Customer Service. Download the app today.

2. Provider Cost Comparison - [Link](#)

Compare quality and cost of services across different providers before scheduling your next procedure.

3. Real Appeal - [Link](#) | [Video Link](#)

Interested in weight management? Take part in free programs and nutrition education through Real Appeal.

4. Talk Space - [Link](#)

Talk space is the newest covered provider under our Behavioral Health network. Find flexible care options that support your mental well-being.

5. Teladoc

As of January 1, 2024, Teledoc is our new Virtual Visit provider. Click the link to access more information on this service.

a. [Click here](#) to see how to access **Teladoc**

b. [Click here](#) to learn more about the **General Medicine** services available

c. [Click here](#) to learn more about the **Behavioral Health** component

6. Preventive Medication List - [Link](#)

If you are covered under the High Deductible Health Plan, you have access to an expanded list of preventive medications. Click the link to learn more.

7. UMR Emerging Care - [Link](#)

If you have been diagnosed with a high-risk health condition such as cancer, kidney failure or heart disease, you have access to advocacy support through the UMR Emerging Care Program. Click the link to learn more.

8. Premium Providers - [Link](#)

UHC/UMR has designated certain providers with a Premium Care Rating. Before you schedule your next procedure, click the link to access the full list of premium providers.

9. True Rx - [Link](#)

Save more money on your prescriptions by comparing costs on the True Rx website or App. Click the link to get started today.

Dental and Vision Service Plan Reminders**1. Bonus Benefits - [Link](#)**

Your vision coverage includes additional discounts you may not be aware of, including discounts on hearing aids and additional pairs of glasses. Click the link to explore your vision benefits.

2. Featured Frames - [Link](#)

Stack up the cash savings with an additional \$50 frame allowance on any Featured Frames. Click the link to explore the Featured Frames program.

3. Eyes at Ease - [Link](#)

Wabash College vision benefits can support your eye health even if you don't need corrective lenses. Use your allowance for UV or Blue Light glasses.

4. Eyeconic - [Link](#)

Eyeconic has been added to your vision benefits as a preferred online retailer. Click the link to explore more information about Eyeconic's offerings.

5. Premier Edge Promise - [Link](#)

Your Premiere Edge Vision coverage provides additional protection to replace glasses if they break, if your prescription has changed or if you simply don't love the glasses you chose. And it comes at no cost to you.

6. TruHearing - [Link](#)

TruHearing provides a line of defense against the high cost of quality hearing aids. Save up to 60% on hearing aids for you and your dependents, along with a host of other perks. Click the link to explore your TruHearing benefit.

7. DentalConnect® - [Link](#)

Save more on your dental care with DentalConnect® by Lincoln. This PPO option covers many preventive, basic and major dental care services, including orthodontic treatment for children and adults. Choose your favorite dentist or search in-network if you want to save even more!