



Develop a Plan Now BEFORE You are Told to Quarantine or Isolate

- Your Name: _____ Cell: _____
- Who will you call to inform them you are coming home? _____
- How will you get home? _____
- Where will you stay? _____
 - You will need a separate bedroom, preferably with a private bathroom
 - You will need to stay away from other family members
 - You will need to have someone bring your food to you and eat in your room
- Emergency Contact Information**
 - Doctor: _____
 - Student Health Center: (765) 361-6265 or amidonc@wabash.edu
 - Fraternity President or RA: _____
 - CARE Team Leader and Case Manager: _____
 - Wabash Counseling Center: counseling@wabash.edu
 - Other: _____
- Create a List of Things to Take Home to Last 14 days (Quarantine) or 10 days (Isolation)**
 - Clothing
 - Face Masks
 - Hand Sanitizer
 - Thermometer
 - Medications
 - Laptop and Charger
 - Cell Phone and Charger
 - Textbooks
 - Notebooks
 - Toiletries
 - Gaming System or Items to Prevent Boredom
 - Items of Sentimental or Monetary Value _____



Activate Your Plan When You Are Told to Quarantine or Isolate

- Call your contacts at home to tell them when you will be arriving and to prepare your room.
- Tell your fraternity president or RA that you are leaving and when you will be back – you don't have to tell them why.
- Contact your professors and tell them you will need to switch to remote learning – you don't need to tell them why.
- If you have a job on campus or in Crawfordsville, contact your supervisor to inform them you need to leave for medical reasons.
- Contact Erin O'Connor at oconnore@wabash.edu to tell her when you are leaving, where you will be staying, and when you will be returning. Let her know if it's OK for her to have the Wabash Counseling Center reach out to you for support during your quarantine or isolation.
- Touch base with Nurse Amidon to arrange COVID-19 testing if recommended.

Rules for Quarantining at Home

- [See CDC Guidance](#)
- No visitors – this includes significant others
- Do not leave your home except to take walks alone while wearing a mask and maintaining six feet of distance from others at all times

Rules for Isolating at Home

- [See CDC Guidance](#)
- No visitors – this includes significant others
- Do not leave your home – you are infectious to others

Checklist for Returning to Wabash

- Contact Nurse Amidon in the Student Health Center at amidonc@wabash.edu or call her at (765) 361-6265 to obtain approval to return to campus.
- Contact your fraternity president or RA to tell them you will be returning and when.
- Contact your faculty to advise them when you are returning.
- Contact your CARE Team Leader and Case Manager to let them know when you are returning.

It is expected that students will quarantine or isolate at home unless it is impossible to be apart from family members with serious health conditions. The College's extremely limited quarantine and isolation spaces will be given only to students with significant extenuating circumstances.