



## WABASH COLLEGE

---

### *Class Agents Letter*

Alumni and Parent Relations

P.O. Box 352

Crawfordsville, IN 47933

Web site: [www.wabash.edu](http://www.wabash.edu)

Email us: [alumni@wabash.edu](mailto:alumni@wabash.edu)

Phone: (765) 361-6369

### Class of 2016

#### Class Agents

Jake Norley

[jake.norley@gmail.com](mailto:jake.norley@gmail.com)

Patrick Bryant

[pfbryant16@gmail.com](mailto:pfbryant16@gmail.com)

September 13, 2018

Men of the class of 2016,

Reach out. If you are struggling with anything, please call me or reach out to someone close. I will drop everything. I cannot lose anymore friends while I'm in my 20s. As many of you already know, Evan Hansen passed away on September 10<sup>th</sup>. For those of you that played football, we have lost 3 teammates over the past 2 years which is far too many people to pass away so early. I believe that all 3 could have been prevented if those individuals felt they could reach out and talk to someone instead of dealing with their problems in the fashion that they did. Sorry to lead off on such a depressing note, however mental health is a very important issue that is negatively stigmatized especially with respects to masculinity and 'being a man' which as Wabash men we know all too well. Its okay to admit you are struggling and if you are, please talk to someone.

I have recently been dealing with depression. Studies have been published showing that graduate students are at a much higher risk of developing mental illnesses like depression than the general population. As a result, I have re-evaluated my life goals and decided to leave my PhD program with a Master's degree and I am getting out of the funk that I've been in. I'd like to thank Jordan Culp who helped me recognize the state of mind that I was in and advising that I get out of the situation I was in.

I am on a much better path now and I'd like to help anyone else get onto a better path if you need it. Enough with the Debbie Downer talk though. Sports are off to a great start with Wabash Football being 2-0 and Wabash Soccer's is 4-1-1 for the season thus far. I know for certain I will be at the Allegheny game (Nov. 3) to watch Hammer coach and the Bell game (Nov. 10) which are both home this year. If you guys can make it out, hit me up and we can coordinate something. If anyone has any interest I would like to take a bus up to Wabash for the bell game however

I've never coordinated something like that. With enough interest I'm sure we could get it done so again just let me know!

I'd like to thank all of you for giving back to the college these past 2 years and encourage you all to keep that spirit of giving. Out of all graduating classes we have had the most alumni give back for two consecutive years. That is absolutely incredible, and I would love to keep the train rolling and continue setting the bar for all alumni. The day of giving won't be until the spring, but Patrick and I will for sure keep you posted and you can always give back to the college outside of that day. I'm pretty sure I received all the donated money back on my tax return but I also was a poor grad student so that might not be the case on my next round of taxes.

We say this every time and have yet to really hear from anyone, so I am going to try something different. I am going to post a life update on our Facebook group to let you all know what I have been doing and what I'm currently up to. I encourage you all to do the same to let the class know how you've spread the fame of her honored name. As you will find out I am between West Lafayette and Indianapolis a lot more than I was previously so if anyone ever wants to grab lunch downtown or a drink after work let me know!

Jake Norley